In June 1984, Libby and Len Traubman with Joan and Hal Sanders traveled to Yerevan to learn more about "the enemy" and to build citizen relationships during the dangerous nuclear standoff of the USA-USSR Cold War.

The two couples had been part of a medical peace-building delegation from the Beyond War Movement in Moscow, following the 1984 conference in Helsinki, Finland of the International Physicians for the Prevention of Nuclear War (IPPNW).

The Traubmans were befriended on a Yerevan street by Tigran Manukian who lead them on a generous, long, all-day walk through the hills and city then into his neighborhood and home to meet and eat with his wife, Gajane Seropian, little Arman and Vardine, and other relatives.

Later Len and Libby spoke – medically and heart to heart – sharing personal stories with local medical and dental staffs including at the Central Children's Dental Clinic.

In 1993, the Traubmans were to help create the historic Armenia-Azerbaijan Initiative.

Summer 2010 – after 26 years – the couples reunited in a surprise face-to-face Skype video meeting by the magic of Internet communication initiated by Arman, now a husband and father in Moscow.
Let there never be war.
Let there never be such a waste of our sons.