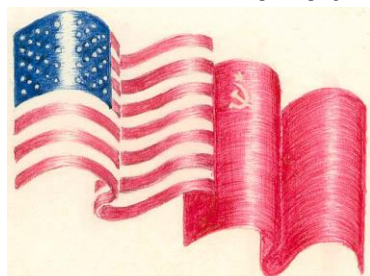


Roots of Peacebuilding in the 1980s

**An Evening of Dining and Dialogue
To Re-awaken The Importance Citizen-to-Citizen Relationship-Building
In This New Moment of Russian-American Need**



A Kafenia Cafe Circle
Wednesday, 18 April 2018
6:00-9:00pm - 654 Gilman, Palo Alto, California USA



CONTEXT

Evening organizer, Mary Jane Marcus, was a student in the Interact Clut at Gunn High School, Palo Alto – age 16 years when travelling with other inspired citizen-diplomats to the Soviet Union in 1985. Over 30 years later in Spring 2018, she reflected: “I realized that I never really knew much about the people who birthed the local peacebuilding community, especially the Palo Alto-based Beyond War Movement, that shaped my adolescence. So here is a chance to invite interested neighbors to meet some of those elders while including new friends who lived behind the Iron Curtain during that Cold War.”

THE INVITATION

The announcement described the evening’s ethnic meal to include Greek hostess’s stuffed peppers, beet tzatziki, Greek Pontian piroshis – all beyond delicious – noting that “Pontians live(d) on the Black Sea and 50,000 Greeks are still in former Russian republics.”

Invitees also could familiarized themselves with the Beyond War Movement --

https://en.wikipedia.org/wiki/Beyond_War



EVENING FLOW (facilitated by Mary Jane Marcus and Len Traubman)

6:00-6:50 pm -- Arrive, mix and mingle, view artifacts of 1980s citizen diplomacy, delicious ethnic food

6:55-7:05 -- Gather in circle, Welcome, Musical Ice Breaker

7:05-7:20 -- Personal Introductions - Who is in the room ("In one breath: Please say your name and why you chose to be here and not somewhere else this evening.")

7:20-7:40 -- Stories of Change Agents (Four 5-min stories from Russian immigrants and from American bridge builders of the 1980s)

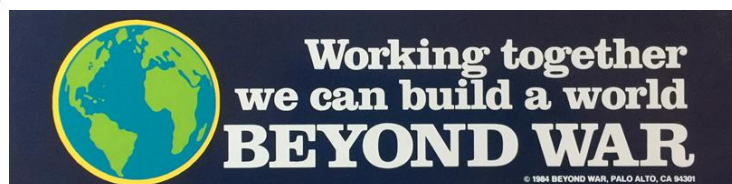
7:40-7:55 -- Dyads -- "What touched you, had meaning for you? What new did you begin to think about for your life, for our times?"

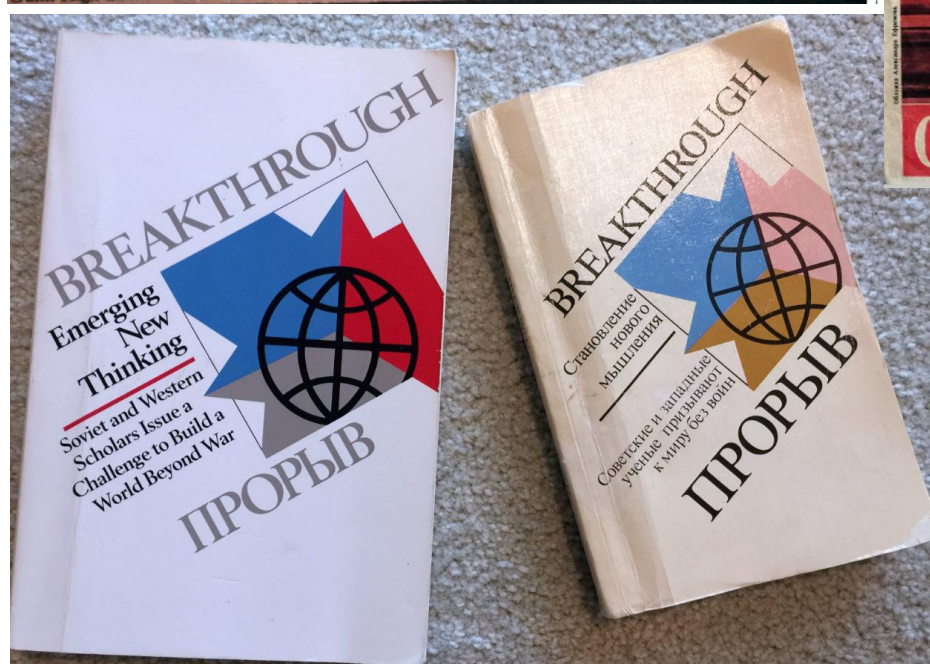
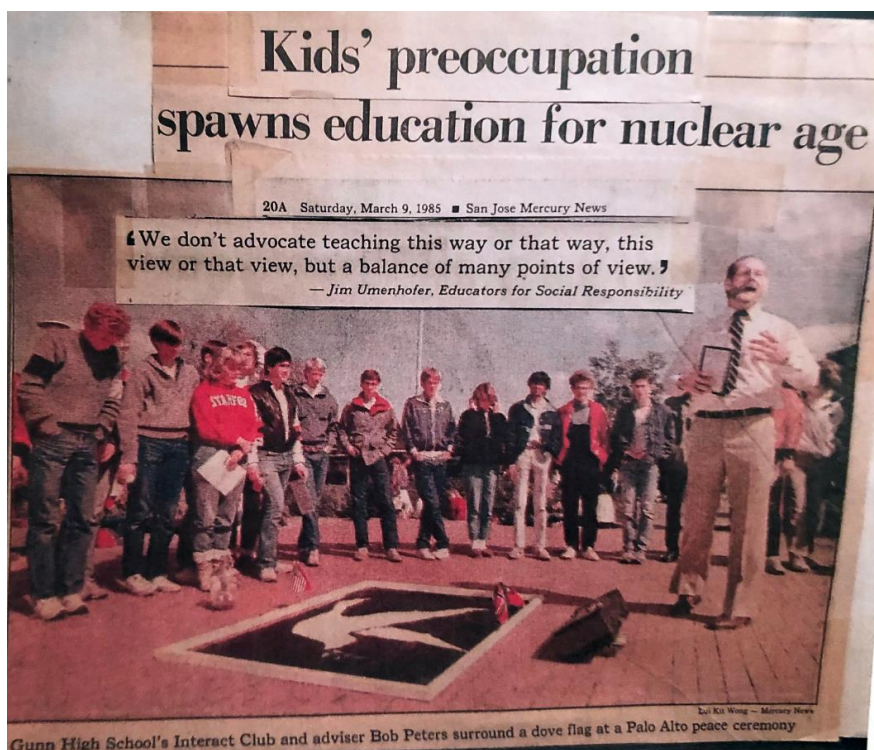
7:55-8:40 -- Large Circle Assimilation of Dyad Experiences and Insights

8:40 9:00 -- Closing Wishes and Intentions (arm-in-arm, in large circle)

The highly participatory, interactive circle included 30 deeply-interested participants -- cross-generational, multi-ethnic, interreligious women and men exploring how to once again build international bridges to Russian citizens.

ETHNIC FOOD AND EXHIBITS





Transcontinental Relay Aids Young Soviet Amateur

American amateurs from coast to coast, using HF as well as VHF FM and packet, have come to the aid of a critically injured Russian amateur.

On May 25 a group of Soviet hams, from the UZ4FWO club station in Penza, were involved in an automobile accident enroute to a radiosport event. Oleg Kolosilin, RA4FB, was killed. Oleg Porugov, UA4FAY, was seriously injured.

Porugov, 25, lies in a coma in a hospital near Ryazan, about 150 miles from Moscow. He suffers from pneumo-

Dr. Anatoly Barkan of Brooklyn, another Soviet ham, passed the condition of the patient to K Amateur Radio, and Kritsky sent it by facsimile man and Dr. Izzo (who although not a ham, initial shipment of drugs).

In addition to medical advice, several hundred worth of supplies for Porugov, including poetics and special tracheal tubing, have been shipped from the United States. Chis NX2T, a medical internist, arranged for the was shuttled to JFK airport by Alan Singer located Starke using the Tri-

work.

Amateur Radio, Soviet gave word that the ship them to get to the Moscow expeditious treatment by UZ4FWO operators has to receive the shipments. y observed that initially was skeptical of these outsiders. "But once he those talking on 20 meters," Kritsky said, "The Earth is small, especia cations technology now avail the potential of our medium, mission—global cooperation!"



IGC Service Helps Save Life

On May 25, Soviet ham radio operator Oleg Murugov slipped into a coma after a severe car accident that killed his companion. With double pneumonia and multiple bone fractures, Oleg was kept alive by a respirator.

Within hours, a daily intensive USA-USSR medical dialogue was established as Soviet and American physicians collaborated to restore Oleg to health. IGC Networkers Drs. Len Traubman (ltraubman) and Lawrence Probes (lprobes) and Foster City neurosurgeon Dr. Joseph Izzo relayed vital statistics, life-saving medical advice, trauma treatment methods and status reports via IGC's telex service, short-wave radio, computer packet radio, electronic bulletin boards, fax and even a car phone!

After seventeen days in a coma, Oleg is healing, he can breathe on his own, he is recognizing his surroundings, he is recognizing his family and friends.

HAMS RELAY MEDICAL AID FOR SOVIET AMATEUR

US amateurs from coast to coast, using HF, VHF FM and packet, have come to the aid of a critically injured Russian amateur.

On May 25, a group of Soviet hams from the UZ4FWO club station in Penza were involved in an automobile accident en route to a radiosport event. Oleg Kolosilin, RA4FB, was killed and Oleg Murugov, UA4FAY, was seriously injured. Murugov, 25, lay in a coma in a hospital near Ryazan.

The New York Times

SUNDAY, JUNE 24, 1990

Doctors Use Ham Radios To Save a Life in Russia

By PATRICIA KEEGAN

AN INTERNIST from Briarcliff Manor is among several doctors from the United States responding to an unusual call for help from the Soviet Union. Their efforts may save a man's life but also increase medical cooperation between the two countries.

Briarcliff Manor doctor helps treat injured Russian via the radio waves

By Lanning Talliaferro
Staff Writer

said the other day. "He has massive head trauma. He has pneumonia and

Since then, other ham radio operators have joined the effort to

From this April 18, 2018 evening, Mary Jane Marcus transcribed some spoken phrases of the Kafenia Café Circle participants expressed after hearing about USA-Soviet Union citizen initiatives in the 1980s. She thanked those who led work then and now: Len Traubman, Wileta Burch, Anya Kucherav, Mark Graham, Barbara & Kevin O'Reilly, Kate Brophy, Coach Peters.

What The People Said

Poetically compiled by Mary Jane Marcus, the evening organizer



We lived parallel lives

Forced me out of
My comfort zone

A shift

Communicating heart to heart
A roller coaster ride

What allows us to reclaim our humanity?

We all have an aperture that can open
We are meant for more than this

What makes us whole is this?
We were extremely different

But each escaped persecution
We lack communication and connection

Why did we have this civil war?
We can remove this mask on my face
Shia Sunni Christian

We are to be with you
Seeing an example of how people are divided artificially

What is that? A pinko commie
There was a Cold War that was invented



Think about the head Job
Really astonishing

It's so important to learn more languages

What is our religion?
Kindness

From darkness to light
Was electricity too expensive?

I was there 5 times Doha
Aren't you a feminist?
So surprising

Citizen diplomacy
This is what it is

I want to believe you
She didn't want me back?

How difficult it is to just listen
The principal didn't get his assignment

We have a split within
Poisoning of the commons
There's a lot of things we could do and we are here tonight

What can we do?
It's amazing to take in

I've been craving this
Humanistic vision getting us





It's been decades
A dream comes true

It's time to be doers
It's been so long
Laughing together

I want people to realize
Can we move on from the Soviet Union thing?

How can I make it better now?
My brain is very old

Last words
Know about some history here
Like the goals

That gives me hope
In tears
The nerve
Bringing color will bring happiness

They lost everything
But they give everything
Better to be a child in a refugee camp than here in Palo Alto

We lost the ability to share to be together to touch

Just the connections
Sharing giving a lot



Beyond War Principles

War is obsolete.
We are one on this planet.
The means are the ends in the making.

Beyond War Agreements

I will resolve conflict without violence.
I will have a spirit of goodwill.
I will not preoccupy myself with an enemy.
I will work together with others to build a world beyond war.





Mary Jane Marcus, evening initiator and co-facilitator, receives e-mail at MaryJane.Marcus@gmail.com

Len Traubman, evening co-facilitator, welcomes further communication about actively initiating new US-Russia citizen-to-citizen relationships.

He can be reached at LTraubman@igc.org or (650 574-8303, and Len and Libby's family site is at <http://traubman.igc.org>

Conversations via Zoom would be at <https://zoom.us/j/5126812154> to join meeting #5126812154

RESOURCES relevant to Cafe Kafenia's "Roots of Peacebuilding in the 1980s" include:

Context of Beyond War (top of page) -- <https://traubman.igc.org/global.htm>

Visit to Soviet Union (Armenia) -- <https://traubman.igc.org/armenia1984.pdf>

Russian Phrases for Amateur Radio -- <https://traubman.igc.org/russian.htm>

Amateur (Ham) Radio -- <https://traubman.igc.org/hamradio.pdf>

Dialogue Communication (graphics) -- <https://traubman.igc.org/dialoguecommunication.htm>

Public Peace Process (graphics) -- <https://traubman.igc.org/changechartsall.pdf>

Jewish-Palestinian Living Room Dialogue -- <https://traubman.igc.org/dg-prog.htm> and https://en.wikipedia.org/wiki/Jewish-Palestinian_Living_Room_Dialogue_Group

Human Successes in Relationship Building (e-mail circle) -- <https://traubman.igc.org/messages.htm>

This document is preserved on the Web at
<http://traubman.igc.org/peacebuilding1980s.pdf>